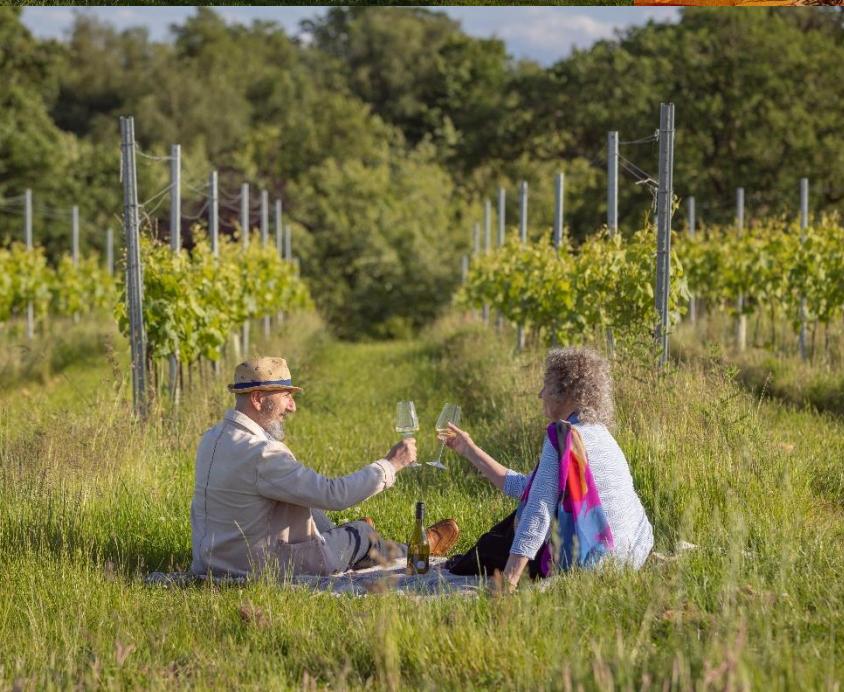


Sussex & Brighton

An Inspirational Guide for Travel Trade





London's Extraordinary Neighbour



©Adam Petto

20th century

Creative hub

Sussex has a proud cultural heritage. In the first half of the 20th century, it was a major centre for modernism, attracting radical artists and writers to its seaside towns and countryside

Sussex is as vibrant and varied as the people who call it home: an open-armed haven for free-spirits, artists and adventurers alike. From rolling countryside to lively coastal towns, from culture to cuisine, a trip to Sussex nourishes mind, body and soul, whether you seek excitement or calm. With iconic events and world-class wineries, one visit is never enough. Don't be a stranger.....we're just over an hour from London, ready to welcome you.



Where are we?



- ✓ **London Gatwick** Airport is located in Sussex, with easy links by rail and road
- ✓ **Perfectly positioned** between the rolling South Downs and the English Channel
- ✓ **Newhaven Port** offers a direct ferry to Dieppe

Only 1 hour from London



Arts, Culture & Heritage



Arundel Castle & Gardens



Bluebell Railway



Royal Pavilion, Brighton



Theatre Royal, Brighton



Towner Gallery, Eastbourne



De La Warr Pavilion, Bexhill

Ideas and experiences:

- Arundel Castle
- Battle of Hastings Abbey and Battlefield
- Bluebell Railway
- Brighton Palace Pier
- Bodiam Castle
- Chichester Cathedral
- De La Warr Pavilion
- Fishbourne Roman Palace
- Herstmonceaux Castle
- Petworth House
- Pevensey Castle
- Royal Pavilion
- Theatre Royal, Brighton
- Towner Gallery
- Weald & Downland Museum

Sussex has been home to several literary figures, such as Virginia Woolf, AA Milne and Rudyard Kipling

Historic Towns & Villages



Arundel



Brighton Lanes



Chichester



Hastings



Rye



Steyning

Sussex is steeped in heritage, stunning architecture and captivating stories, offering unforgettable cultural journeys and authentic English experiences.



Lewes

Flint has long been a hallmark of Sussex architecture, used in medieval churches and cottages for durable, decorative walls

Gastronomy



Sussex Winelands

Sussex is home to 25% of Britain's vineyards



Brighton has the UK's highest number of vegan restaurants and takeaways per 100,000 people of any UK city

Ideas and experiences:

- ✓ A tasting tour of Brighton's independent food scene
- ✓ A tour of one (or more) of our award-winning vineyards, on bus, foot or wheels
- ✓ Dining experience on one of Britain's heritage steam trains
- ✓ Fish & Chips in a traditional seaside town
- ✓ Learn how to bake your own English muffins at an artisan bakehouse
- ✓ Become a brewer for the day at a local Sussex brewery
- ✓ Learn the art of honey harvesting at a beekeeping experience
- ✓ Understand how cheese is made and taste an array of Sussex specialist cheeses at a local dairy
- ✓ Gin and rum distillery tours

Action & Adventure



Camber Sands has been recognised as one of the South Coast's top kitesurfing beaches



Ideas and experiences:

- ✓ Watching polo at Cowdray Park
- ✓ Paddling boarding along the river
- ✓ Guided Glow SUP tours at twilight
- ✓ Half-day or full-day walk across the South Downs
- ✓ Kitesurfing
- ✓ Windsurfing
- ✓ Boat trip to view the Seven Sisters
- ✓ Cycle along the South Downs way on one of the many trails
- ✓ Hire a self-drive boat and explore the Sussex waterways

Cowdray Park hosts the British Open Polo Championship for the prestigious Cowdray Gold Cup

Nature & Wellness



Knepp Estate



Beachbox Sauna, Brighton

Sussex boasts 140 miles (225km) of coastline from Camber in the East to Chichester Harbour and West Wittering in the West



Seven Sisters

The first outdoor beach sauna in the UK was **Beach Box Spa** in Brighton

Ideas and experiences:

- ✓ Knepp Estate – one of Europe's leading rewilding projects. Either roam free or book a safari
- ✓ World class heritage nature reserves / bird-watching
- ✓ Outdoor saunas
- ✓ Wild swimming
- ✓ Award-winning spas
- ✓ Seven Sisters & Beachy Head
- ✓ Ashdown Forest – one of the largest open access areas in the southeast of England. It is also the setting of Winnie-the-pooh stories
- ✓ Wildlife Tours
- ✓ Guided and self-guided walking and cycling tours

Gardens



Borde Hill Garden



Great Dixter



Leonardslee Lakes & Gardens



Michelham Priory House & Gardens



Nymans



Pashley Manor



Sheffield Park & Garden



West Dean Gardens



Wakehurst

Events & Festivals



Brighton Pride



Charleston Literary Festival



Chichester Festival Theatre



Goodwood



Brighton Festival and Fringe Festival



Eastbourne Airshow

Sussex & Brighton provide the perfect backdrop for a wide range of iconic events, attracting visitors year-round and enhancing any travel itinerary.

- ✓ Brighton Festival and Fringe Festival
- ✓ Brighton Pride
- ✓ Charleston Literature Festival
- ✓ Chichester Festival Theatre
- ✓ Eastbourne Airshow
- ✓ Glyndebourne
- ✓ Goodwood – hosts standout annual events celebrating motorsport, heritage and culture
- ✓ Food Festivals (various across the region)
- ✓ Rye Jazz Festival

Glyndebourne is one of the most famous opera houses in the world, welcoming 150,000 guests in the summer and autumn months

...and more



Brighton i360



Eastbourne



Drusillas Park



Littlehampton



SEA LIFE Brighton



Goodwood Art Foundation

Alongside our featured themes, enjoy standout attractions, timeless seaside towns and unique independent shopping that enrich every visit to Sussex & Brighton.

There's a strong link to American history in Sussex. Thomas Paine lived at Bull House on Lewes High Street and later travelled to Philadelphia to drum up support for the Declaration of Independence in 1776.

More information

For more inspiration, please visit:

www.experiencesussex.com

www.visitbrighton.com



Who are we?

East Sussex, Brighton & Hove and West Sussex LVEP are the VisitEngland-accredited Local Visitor Economy Partnership (LVEP) for Sussex & Brighton.

We work collaboratively with local visitor destinations and businesses as part of a cohesive, pan-Sussex approach.

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